

**COLDIN®-H**  
**Capsules**

**Dear patient,**

**Please read the following instructions carefully. They contain important information about the use of this medicine. If you have any further questions, please ask your doctor or pharmacist.**

**Information about COLDIN-H**

Each capsule for oral administration of COLDIN-H contains paracetamol 300mg and mepyramine maleate 15mg and noscapine 10mg.

The excipients are: croscarmellose sodium, magnesium stearate and talc.

Paracetamol is used to treat pain and to reduce fever.

Mepyramine maleate is an antihistamine which provides relief of sneezing, runny nose and watery and itchy eyes.

Noscapine is an alkaloid used as a cough suppressant.

COLDIN-H is a decongestant-free medication, especially formulated for people with high blood pressure. It is used to relieve symptoms of cold, flu or related conditions such as:

- Fever, headache, minor aches and pains
- Cough, sore throat, runny nose, sneezing, watery and itchy eyes

**The way to take COLDIN-H**

Take COLDIN-H as directed by your doctor.

The usual recommended dose for adults and children 12 years of age and older is 2 capsules every 4 hours.

Do not take more than 12 capsules in 24 hours.

**In case of overdose**

In case of intake of high doses of this medication, inform your doctor at once and seek emergency medical attention. General measures should be adopted.

**In case of missed dose**

Take the missed dose as soon as you remember unless the next intake is near. Go on taking the next scheduled dose as directed. Do not take a double dose at once.

**Contraindications**

This drug is contraindicated in the following condition:

- Hypersensitivity to any of the components

**Precautions**

- Ask your doctor before using this medication if you have liver diseases, glaucoma, wet cough, persistent or chronic cough, breathing problems or trouble urinating due to an enlarged prostate gland.
- Stop using this medication and inform your doctor if fever gets worse or lasts more than 3 days, if pain or cough gets worse or lasts more than 7 days or if cough comes back or occurs with rash or headache that last.
- In case of skin or severe allergic reactions like redness, swelling, rash or wheezing occurs, stop using this medication and inform your doctor.
- Avoid drinking excessive amounts of alcoholic beverages during treatment.
- Caution should be taken when driving a car or operating machinery since drowsiness may occur.
- Contact your doctor before using this medication in case of pregnancy or lactation.

**Associations with other medications**

Please inform your doctor if other medicines are being taken or have been taken recently.

- Do not take other drugs containing paracetamol while using this medication.
- Do not take this medication if you are taking monoamine oxidase inhibitors (MAOIs) or have taken MAOIs in the previous two weeks.
- Ask your doctor before using this medication if you are taking warfarin, sedatives or tranquilizers.

**Adverse reactions**

This drug is generally well tolerated. Drowsiness may occur. Excitability has been rarely reported. Please inform your doctor if any adverse reaction appears or becomes bothersome.

**Storage**

Store at controlled room temperature (up to 30°C), protected from light and humidity, beyond the reach of children. The expiry date is printed on the pack; don't use this medicine after this date.

**Pack Presentation**

COLDIN-H, 300mg paracetamol, 15mg mepyramine maleate and 10mg noscapine, pack of 16 capsules.

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Manufactured by Mediphar Laboratories -Lebanon